



**24 HOUR ACCESS GYMS**  
**NO ENROLLEMENT OR START UP FEES EVER!**



**LOTS AND LOTS  
OF CLASSES**

ZUMBA, KICKBOXING,  
SPIN/CYCLE, BOOT  
CAMP, YOGA/PILATES,  
BURN OUT EXTREME,  
CORE CLASSES,  
SCULPTING & MORE

**LOW MONTHLY RATES**

***FAMILY OWNED &  
OPERATED***

**704-735-6700  
704-735-4050**



***TWO LINCOLNTON LOCATIONS***

**THE ROCK #1**  
**3095 HWY 27 EAST**

**THE ROCK #2**  
**1577 NORTH ASPEN STREET**

**WWW.THEROCKFIT.COM**

**ALL GROUP FITNESS CLASSES AND 24 HOUR ACCESS INCLUDED IN MEMBERSHIP!**  
**MEMBERS WILL HAVE ACCESS TO ALL 4 GYMS - 2 IN LINCOLNTON, 1 IN SHELBY AND 1 IN STATESVILLE!**

***CLICK HERE***